

OPEN POSITION

Are you Fredrikshalds Turnforening's new Head of Sports?

Fredrikshalds Turnforening (FTF) · Halden · 100% position

Women's Artistic

Men's Artistic

RG

One of Norway's finest gymnastics halls

1879

Founded – one of Østfold's oldest sports clubs

1 100+

Members – and growing

~80

Part-time coaches

1 300 m²

Gymnastics hall at Nexans Arena Halden

ABOUT THE CLUB

Fredrikshalds Turnforening (FTF) was founded in 1879 and is today one of Østfold's largest and most established gymnastics clubs. We offer gymnastics training at all levels – from grass-roots participation to competitive sport – in artistic gymnastics and rhythmic gymnastics (RG). We also run teamgym, show gymnastics, para-gymnastics, gymplay for our youngest members, as well as gymnastics and fitness classes for adults.

In 2024 we moved into one of Norway's finest gymnastics halls, Nexans Arena Halden. With brand-new equipment and modern facilities the club grew rapidly – within the first six months we passed 1,100 members. The club is led by a full-time club director with a gymnastics background, supported by an administrative secretary (15%), a project position (25%), and approximately 80 part-time coaches.

Our vision is activity and the joy of gymnastics for all: In our club we create joy, mastery and growth. We have room for everyone and focus on the individual.

SEE THE CLUB IN ACTION

[▶ Play on YouTube](#)

Get to know the club, the hall and the position we are advertising

HEAD OF SPORTS – 100% POSITION

With significant membership growth and excellent new facilities, the club's ambitions have grown. We are looking for a Head of Sports who, in close collaboration with the club director, will play a key role in developing and raising the sporting level across both recreational and competitive groups.

You will be responsible for building training quality, developing the coaching team and strengthening our coaching capacity. One of our most important goals is to establish a stable and growing group of competitive gymnasts performing at regional level – and in time at national level.

We are open to these responsibilities being shared between several people with different profiles and competencies.



RESPONSIBILITIES AND KEY TASKS

As Head of Sports you will play a central role in the club's sporting operations and development. You will work closely with the club director and the existing coaching team, and will take primary responsibility for training competitive and/or recreational groups based on your experience and qualifications.

- Plan and deliver training programmes for the group(s) in your charge, in collaboration with existing part-time coaches
- Develop training plans for other groups and attend selected sessions
- Mentor, support and develop the club's coaches through regular follow-up
- Help build a systematic development pathway from recreational to competitive, aiming to establish a stable and competitive group at regional and national level
- Coordinate sporting activities across groups, balancing hall time, resources and the club's finances
- Maintain a safe, inclusive and positive training environment in line with the club's values and culture
- Represent the club in relevant forums, including with NGTF and the regional gymnastics association

As the club grows, it may become relevant to hire additional full-time coaches who will work closely with you.



ABOUT THE HALL

In 2024 FTF gained one of Norway's most complete gymnastics halls, with fully FIG-approved equipment from SPIETH. The hall shares the building with Nexans Arena Halden (2,000 seats), where major competitions and displays are held for both Women's Artistic and Men's Artistic gymnastics.

Gymnastics floor area: 1,300 m²

FIG-approved SPIETH apparatus, WAG and MAG

- Adjustable pit + training apparatus at foam pit

- Trampoline and 28 m tumbling track

- Dedicated teamgym floor with retractable dividers

- LED screen 6 × 3.2 m

- Activity room 150 m² and weight room

- Canteen, kiosk, meeting rooms and office space

- Large changing rooms with personal coach lockers

- Equipment storage with electric doors

COMPETITION GROUPS AND COACHING TEAM (TODAY)

Women's Artistic (WAG)

- 15 gymnasts, aged 7–15
- ~4 part-time coaches with competitive gymnastics background
- Level 1 and Level 2 coaching qualification

Men's Artistic (MAG)

- 14 gymnasts, aged 8–19
- ~5 part-time coaches with competitive gymnastics background
- Level 1 coaching qualification

Rytmisk gymnastikk (RG)

- 19 gymnasts, aged 9–16
- ~5 part-time coaches with RG background



REQUIRED QUALIFICATIONS

FORMAL REQUIREMENTS

- Formal coaching qualification in gymnastics – minimum Level 2 in the Norwegian system (NGTF) or equivalent. Relevant experience and references may compensate for formal qualifications.
- Solid experience and broad expertise in gymnastics, particularly in Women's Artistic (WAG) and/or Men's Artistic (MAG)
- Experience as head coach for competitive gymnasts at national level or above is an advantage
- Experience mentoring and supporting coaches

PROFESSIONAL SKILLS

- Plan sporting activities over short, medium and long-term horizons
- Ensure a balance between performance, health and wellbeing
- Work systematically on long-term athlete and coach development
- Understand and adapt sporting decisions to the club's constraints – hall time, budget, volunteer structure and values
- Work within and in accordance with the Norwegian gymnastics system

PERSONAL QUALITIES

- Observant and constructive in giving feedback during training
- Clear, confident and professionally grounded communicator
- Structured, reliable and collaborative
- Strong relationship-builder with ability to create a safe and inclusive environment
- Proficient in Norwegian, another Nordic language or English – spoken and written
- Physically fit for the role – able to lift, spot and assist children and young people in training

WE OFFER

A key role with real influence – you will help shape the sporting direction and build lasting quality in a club with high ambitions and strong momentum. You will work in one of Norway's best gymnastics halls, with a dedicated coaching team around you and a management committed to professional development.

WORKING HOURS

100% in principle – other arrangements can be discussed

SCHEDULE

Split between daytime and afternoon/evening, with some weekend training and additional time during competition periods

SALARY

By agreement

INSURANCE AND PENSION

Occupational injury and liability insurance plus pension scheme

LOCATION - HALDEN

FTF is based in Halden, the city's largest sports club. Halden is a historic fortress town on the Iddefjord in southern Norway, with approximately 32,000 inhabitants. As a coastal city, Halden offers rich outdoor life year-round – beaches and waterways in summer for kayaking, fishing and boating, and cross-country skiing and skating on nearby inland areas in winter. Hiking trails and mountain cabins surround the town, with nature always within reach.

The city has a pleasant town centre with cafés, restaurants and cultural offerings – and a relaxed atmosphere that makes it easy to settle in. For those coming from abroad, it is worth noting that the cost of living in Halden is significantly lower than in Oslo and other major Norwegian cities. The border with Sweden is just a few minutes away, with Nordby Shopping Centre just across – one of Scandinavia's most visited shopping centres with over 100 stores at Swedish prices.

The capital Oslo is about an hour and a half away by train, and Gothenburg is reachable in just over two hours. Halden gives you the best of several worlds: Norwegian nature and quality of life, urban accessibility – and Sweden just around the corner.

How to apply

Please send a short application and CV. Tell us a little about your coaching background, the environments you have worked in, and how you would develop the coaching team and sporting quality at Fredrikshalds Turnforening.

[Send your application →](#)

APPLICATION DEADLINE

25 July 2026

START DATE

By agreement

Questions about the position?

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USEFUL LINKS

[Hjemmeside – Fredrikshalds Turnforening](#)

[Halden by](#)

[Friluftsliv og bading i Halden](#)

[Nordby Shoppingcenter](#) ▶ [Se promovideo på YouTube](#)